

CUSD School Site Wellness Annual Evaluation Form Comparing SY 2019-20 and 2020-21

Scale Count	2019-2020 (75 respondents)			2020-2021 (70 respondents)		
	Needs Improvement	Meets	Exceeds	Needs Improvement	Meets	Exceeds
OVERVIEW						
1. Our school promotes a healthy lifestyle to our staff, students, and parents.	2 (2.7%)	59 (78.7%)	14 (18.7%)	2 (2.9%)	49 (70%)	19 (27.1%)
2. The programs and/or activities provided by our school set our school at or above the standards of the CUSD Student Wellness Policy.	3 (4%)	59 (77.3%)	14 (18.7%)	1 (1.4%)	53 (75.7%)	16 (22.9%)
	No	Yes		No	Yes	
3. Were you aware of the CUSD Student Wellness Policy before you filled out this evaluation form?	23 (30.7%)	52 (69.3%)		13 (18.6%)	57 (81.4%)	
HEALTH, SAFETY & SCHOOL ENVIRONMENT						
1. School site is monitored for potential hazards.	1 (1.3%)	59 (78.7%)	15 (20%)	0 (0%)	47 (67.1%)	23 (32.9%)
2. Students are taught campus safety rules.	0 (0%)	33 (44%)	42 (56%)	0 (0%)	36 (51.4%)	34 (48.6%)
3. An "anti-bullying" policy is enforced.	2 (2.7%)	42 (56%)	31 (41.3%)	0 (0%)	41 (58.6%)	29 (41.4%)
4. Healthy habits and injury prevention for staff and students are promoted at our school site.	2 (2.7%)	61 (81.3%)	16 (12)	2 (2.9%)	51 (72.9%)	17 (24.3%)
5. A drug- and substance-free environment is promoted.	1 (1.3%)	49 (65.3%)	25 (33.3%)	1 (1.4%)	42 (60%)	27 (38.6%)
6. Our school encourages events that promote and support a healthy lifestyle.	1 (1.3%)	50 (66.7%)	24 (32%)	1 (1.4%)	46 (65.7%)	23 (32.9%)
7. Grants and other resources are researched and implemented for training and materials for health curriculum, outside of standard funding given to our school.	22 (29.3%)	46 (61.3%)	7 (9.3%)	20 (28.6%)	44 (62.9%)	6 (8.6%)
8. A vape-free environment is promoted. <i>Added to survey 2020-21</i>				2 (2.9%)	43 (61.4%)	25 (35.7%)
9. Our school provides resources to promote mental health for staff and students. <i>Added to survey 2020-21</i>				0 (0%)	41 (58.6%)	29 (41.4%)
NUTRITION						
1. Cafeteria staff are well-prepared and efficiently serve meals to your students.	0 (0%)	49 (65.3%)	26 (34.7%)	0 (0%)	35 (50%)	35 (50%)
2. Fresh, safe, free drinking water is available to students on campus.	9 (12%)	39 (52%)	27 (36%)	11 (15.7%)	36 (51.4%)	23 (32.9%)
3. Each school ensures foods and beverages sold and served on school campus to students starting at midnight and up to thirty minutes after the school day will comply with the California Department of Education Regulations and Board Policy BP 3554(a).	3 (4%)	62 (82.7%)	10 (13.3%)	0 (0%)	56 (80%)	14 (20%)
4. CUSD On Campus Food Sales Request forms and documentation of nutrition information for foods sold on campus, during the school day and outside of Food and Nutrition Services are kept on file by the school at which the event occurs.	6 (8%)	66 (88%)	3 (4%)	0 (0%)	62 (88.6%)	8 (11.4%)
5. Food safety and sanitation standards are followed at all school-related events (i.e. cafeteria, school day celebrations, fundraisers, athletic events, etc).	1 (1.3%)	61 (81.3%)	13 (17.3%)	0 (0%)	46 (65.7%)	24 (34.3%)
6. Marketing and advertising of non-compliant foods and beverages is not permitted on school campus.	5 (6.7%)	64 (85.3%)	6 (8%)	0 (0%)	51 (72.9%)	19 (27.1%)
7. Fundraising efforts support healthy eating by selling non-food items or foods that are smart snack compliant.	18 (24%)	56 (74.7%)	1 (1.3%)	2 (2.9%)	58 (82.9%)	10 (14.3%)
8. Non-food rewards are encouraged for student achievement.	2 (2.7%)	51 (68%)	22 (29.3%)	0 (0%)	40 (57.1%)	30 (42.9%)
9. Student group school day celebrations involving food and beverages are limited to no more than 4 celebrations per year.	2 (2.7%)	46 (61.3%)	27 (36%)	0 (0%)	41 (58.6%)	29 (41.4%)
10. School day celebrations involving food comply with the California Department of Education Regulations and Wellness Policy.	9 (12%)	63 (84%)	3 (4%)	0 (0%)	57 (81.4%)	13 (18.6%)
11. School day celebrations involving food for kindergarten through 5th grade (K-5) occur after the last lunch period. <i>Question does not apply to secondary respondents.</i>	18 (24%)	35 (46.7%)	3 (4%)	3 (4.3%)	42 (60%)	12 (17.1%)
12. Nutrition education is provided and is integrated into other academic subjects.	20 (26.7%)	52 (69.3%)	3 (4%)	7 (10%)	62 (88.6%)	1 (1.4%)

PHYSICAL ACTIVITY	Needs Improvement	Meets	Exceeds	Needs Improvement	Meets	Exceeds
1. Our school provides all students with the opportunity to be physically active on a regular basis through physical activity programs.	0 (0%)	36 (48%)	39 (52%)	2 (2.9%)	43 (61.4%)	25 (35.7%)
2. Physical activity is not used for disciplinary purposes.	0 (0%)	49 (65.3%)	26 (34.7%)	0 (0%)	45 (65.3%)	25 (35.7%)
3. Physical activity is monitored by school site staff.	0 (0%)	51 (68%)	24 (32%)	1 (1.4%)	45 (65.3%)	24 (34.3%)
FAMILY, STAFF AND COMMUNITY INVOLVEMENT	Needs Improvement	Meets	Exceeds	Needs Improvement	Meets	Exceeds
1. The school community, parents, teachers, and staff encourage a healthy lifestyle for students.	2 (2.7%)	60 (80%)	13 (17.3%)	0 (0%)	50 (71.4%)	20 (28.6%)
2. The school community, parents, teachers, and staff are aware of meal program updates and food resources (i.e. free meals for all students this school year, free meals for online learners and community, Pandemic EBT, etc.) <i>Added to survey 2020-21</i>				0 (0%)	48 (68.6%)	22 (31.4%)
THANK YOU FOR COMPLETING THIS SURVEY	No	Yes		No	Yes	
Are you interested in joining the CUSD Student Wellness Committee?	60 (80%)	15 (20%)		64 (94.1%)	6 (8.6%)	