

Fruit of the Month:

**WATERMELON!!**



**JOURNEY**  
**SCHOOL LUNCH**  
**WHAT'S COOKING?**



September 2, 2019

September Lunch \$2.75

This institution is an equal opportunity provider.

Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>Crispy Chicken Nuggets w/ Biscuit</li> <li>Asian Chicken Salad w/ Flatbread</li> </ul>	<p>9/30 Grilled Dillas ✓ Loco Burrito ✓</p>		<p>9/4 Mini Chicken Tacos  Asian Quinoa Salad ✓</p>	<p>9/5 Bolognese Spaghetti w/ Garlic Toast  Italian Pasta ✓</p>	<p>9/6 Gluten Free Teriyaki Chicken w/ Brown Rice  Hummus Wrap ✓</p>
<ul style="list-style-type: none"> <li>Homestyle Chicken Sandwich</li> <li>Grilled Chicken Caesar Salad w/ Flatbread</li> </ul>	<p>9/9 Mac &amp; Cheese w/ Garlic Toast ✓ Veggie Rice Bowl ✓</p>	<p>9/10 Make Your Own Nachos  Riced Cauliflower w/ Pita ✓</p>	<p>9/11 Crispy Chicken Drumstick w/ Waffles  Succotash w/ Brown Rice ✓</p>	<p>9/12 All American Cheeseburger  Italian Pasta w/ Mushroom ✓</p>	<p>9/13 Lemon Chicken w/ Brown Rice  Fajita Wrap ✓</p>
<ul style="list-style-type: none"> <li>Popcorn Chicken w/ Biscuit</li> <li>Asian Chicken Salad w/ Flatbread</li> </ul>	<p>9/16 Mozzarella Crunchers ✓ Hummus Wrap ✓</p>	<p>9/17 Make Your Own Nachos  Asian Quinoa Salad ✓</p>	<p>9/18 Cheeseburger Sliders  Veggie Rice Bowl ✓</p>	<p>9/19 Spaghetti w/ Meatballs &amp; Garlic Toast  Italian Pasta ✓</p>	<p>9/20 Mandarin Orange Chicken w/ Brown Rice  Loco Burrito ✓</p>
<ul style="list-style-type: none"> <li>Golden Crispy Chicken Tenders w/ Biscuit</li> <li>Asian Chicken Salad w/ Flatbread</li> </ul>	<p>9/23 Bean &amp; Cheese Burrito ✓ Hummus Wrap ✓</p>	<p>9/24 Make Your Own Nachos  Riced Cauliflower w/ Pita ✓</p>	<p>9/25 Oven Roasted Turkey Sandwich w/ Cheese &amp; Sun Chips Chili &amp; Potatoes w/ Pita ✓</p>	<p>9/26 Pepperoni Calzone *  Italian Pasta w/ Mushroom ✓</p>	<p>9/27 Brunch for Lunch  Taco Salad ✓</p>

✓ =Vegan    ✓ =Vegetarian    \* = Contains Pork

Majority of our chicken products have no artificial ingredients & no antibiotics ever!



**Daily Fresh Fruit and Vegetable Options May Include:**  
 Organic Apples, Canned Pears, Organic Oranges Slices, Kiwi, Raisins, Canned Peaches, Organic Pears, Banana, and Applesauce  
 Organic Baby Carrots, Cooked Yellow Corn, Veggie Beans, Tater Tots, Broccoli Florets, Celery Sticks, Jicama Sticks, and Salad Greens  
 1% Milk or Nonfat Chocolate Milk

\*\* Menu subject to change without notice \*\*