

Fruit of the Month chosen by our students:

CANTALOUPE!!



SCHOOL LUNCH

WHAT'S COOKING?



What Makes A Lunch?



Lunch is based on 3-5 choices

(fruit, vegetable, grain, protein, and milk) daily.

Students must choose a fruit or vegetable with their lunch.

January Elementary Lunch \$2.75

This institution is an equal opportunity provider.

Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Popcorn Chicken with Biscuit • Gluten Free Vanilla Yogurt and Granola ✓ • Galaxy Cheese Pizza ✓ • Asian Chicken Salad w/ Flatbread 	<p>1/7</p> <p>Mozzarella Crunchers ✓</p> <p>Hummus Wrap ✓</p>	<p>1/8</p> <p>Szechuan Chicken w/ Brown Rice & Fortune Cookie</p> <p>Asian Quinoa Salad ✓</p>	<p>1/9</p> <p>Chicken Corn Dog</p> <p> Veggie Rice Bowl ✓</p>	<p>1/10</p> <p>Homemade Bolognese Pasta</p> <p>Italian Rotini Pasta ✓</p>	<p>1/11</p> <p>Make Your Own Nachos</p> <p>Loco Burrito ✓</p>
<ul style="list-style-type: none"> • Golden Crispy Chicken Tenders with Biscuit • Fresh Baked Pita Chips, String Cheese and Hummus ✓ • Galaxy Cheese Pizza ✓ • Grilled Chicken Caesar Salad w/ Flatbread 	<p>1/14</p> <p>Bean & Cheese Burrito ✓</p> <p>Loco Burrito ✓</p>	<p>1/15</p> <p>Gluten Free Teriyaki Chicken w/ Brown Rice</p> <p>Riced Cauliflower w/ Pita ✓</p>	<p>1/16</p> <p>Mushroom Melt Burger</p> <p>Chili & Potatoes ✓</p>	<p>1/17</p> <p>Macaroni & Cheese</p> <p>Italian Style Eggplant w/ Pasta ✓</p>	<p>1/18</p> <p>Chicken Hot Dog</p> <p> Taco Salad ✓</p>
<ul style="list-style-type: none"> • Crispy Chicken Nuggets with Biscuit • Gluten Free Vanilla Yogurt and Granola ✓ • Galaxy Cheese Pizza ✓ • Asian Chicken Salad w/ Flatbread 	<p>1/21</p> <p></p>	<p>1/22</p> <p>Crispy Baked Drumstick w/ Biscuit</p> <p>Veggie Rice Bowl ✓</p>	<p>1/23</p> <p>Mini Corn Dogs</p> <p>Asian Quinoa Salad ✓</p>	<p>1/24</p> <p>Cheeseburger Sliders</p> <p>Italian Rotini Pasta ✓</p>	<p>1/25</p> <p>Make Your Own Nachos</p> <p>Hummus Wrap ✓</p>
<ul style="list-style-type: none"> • Homestyle Chicken Sandwich • Fresh Baked Pita Chips, String Cheese and Hummus ✓ • Galaxy Cheese Pizza ✓ • Grilled Chicken Caesar Salad w/ Flatbread 	<p>1/28</p> <p>Macaroni and Cheese ✓</p> <p>Veggie Rice Bowl ✓</p>	<p>1/29</p> <p>Mandarin Orange Chicken w/ Brown Rice</p> <p>Riced Cauliflower w/ Pita ✓</p>	<p>1/30</p> <p>Oven Roasted Turkey Sandwich w/ Cheese & Sun Chips</p> <p>Vegan Succotash w/ Brown Rice ✓ </p>	<p>1/31</p> <p>Cheeseburger Sliders</p> <p>Italian Style Eggplant w/ Pasta ✓</p>	

 =Vegan  =Vegetarian * = Contains Pork

Majority of our chicken products have no artificial ingredients & no antibiotics ever!



Daily Fresh Fruit and Vegetable Options May Include:

Apple Juice, Orange Juice, Organic Apples, Canned Pears, Organic Oranges Slices, Kiwi, Raisins, Canned Peaches, Organic Pears, Banana, and Applesauce
Organic Baby Carrots, Cooked Yellow Corn, Veggie Beans, Baked Potato Rounds, Broccoli Florets, Celery Sticks, Jicama Sticks, and Salad Greens

1% Milk or Nonfat Chocolate Milk

** Menu subject to change without notice **