



# SCHOOL LUNCH

## WHAT'S COOKING?

**Middle School Lunch \$3.00**

This Institution is an equal opportunity provider

Week	Monday	Tuesday	Wednesday	Thursday	Friday
I	Macaroni and Cheese with Original Sun Chips ✓	Mango Chicken Vegetable Fried Rice	Sicilian Stuffed Crust Pizza ✓	Pulled Pork Nachos * With Salsa	Sicilian Stuffed Crust Pizza ✓
II	Cheese Quesadilla with Garden Salsa Sun Chips ✓	Gluten Free Teriyaki Chicken with Vegetable Fried Rice Gluten Free	Sicilian Stuffed Crust Pizza ✓	BBQ Bacon Cheeseburger	Sicilian Stuffed Crust Pizza ✓ BBQ Beef Rib Sandwich
III	Asian Wrap ♥	Encharito Bowl ✓	Sicilian Stuffed Crust Pizza ✓	Pulled Pork Nachos * With Salsa	Sicilian Stuffed Crust Pizza ✓

### Offered Daily:

#### Fruits:

Organic Apples, Organic Oranges, Banana, Kiwi, Raisins and Organic Pears

1 % Milk and Nonfat Chocolate Milk

#### Vegetables:

Garden Fresh Side Salad, Organic Baby Carrots

Maple Baked Beans—Monday only

Garlic Fries—Wednesday only

- Loco Burrito ♥
- Bean and Cheese Burrito ✓
- Hot and Spicy Chicken Sandwich
- Homestyle Chicken Sandwich
- Asian Chicken Salad with Flat Bread
- Dominos Cheese ✓ and Pepperoni Pizza \* —Monday, Tuesday & Thursday

#### What Makes A Lunch?

Lunch is based on 3-5 choices

(fruit, vegetable, grain, protein, and milk) daily.

Students must choose a fruit or vegetable with their lunch.



✓ = Vegetarian \* = Contains Pork ♥ = Vegan

\*\* Menu subject to change without notice \*\*