

Fruit of the Month chosen by our students:

CANTALOUPE!!







SCHOOL BREAKFAST WHAT'S COOKING?

This institution is an equal opportunity provider.

November Elementary Breakfast \$1.75

Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Oatmeal Chocolate Chip Bar ✓ • Marshmallow Mateys Cereal ✓ • Sunrise Breakfast Sandwich * 	<p style="color: red;">Thanksgiving Recess on 11/19—11/23</p> 			<p style="color: red;">11/1</p> <p style="color: blue; font-size: 1.2em;">PUPIL FREE DAY</p> <p style="color: blue; font-size: 1.2em;">NO SCHOOL</p>	<p style="color: red;">11/2</p> <p>Eggo Maple Waffles ✓</p> <p>Chili with Spinach & Pita ✓</p>
<ul style="list-style-type: none"> • Oatmeal Chocolate Chip Bar ✓ • Honey Scooters Cereal ✓ • Mini Cinnis ✓ 	<p style="color: red;">11/5</p> <p>Cheesy Breadstick ✓</p> <p>Open Faced Taquito ✓</p>	<p style="color: red;">11/6</p> <p>Pancake Chicken Sandwich</p> <p>Breakfast Veggie Wrap ✓</p>	<p style="color: red;">11/7</p> <p>Egg, Cheese and Chorizo Burrito</p> <p>Sunshine Burrito ✓</p>	<p style="color: red;">11/8</p> <p>Mini French Toast ✓</p> <p>Morning Rice Bowl w/ Roasted Veggies ✓</p>	<p style="color: red;">11/9</p> <p>Pancake on a Stick</p> <p>Chili w/ Spinach & Pita ✓</p>
<ul style="list-style-type: none"> • Oatmeal Chocolate Chip Bar ✓ • Marshmallow Mateys Cereal ✓ • Sunrise Breakfast Sandwich * 	<p style="color: red;">11/12</p> 	<p style="color: red;">11/13</p> <p>Scrambled Eggs, Turkey Bacon and Honey Biscuit</p> <p>Breakfast Veggie Wrap ✓</p>	<p style="color: red;">11/14</p> <p>Bagelful ✓</p> <p>Sunshine Burrito ✓</p>	<p style="color: red;">11/15</p> <p>Quesarito ✓</p> <p>Morning Rice Bowl w/ Roasted Veggies ✓</p>	<p style="color: red;">11/16</p> <p>Eggo Maple Waffles ✓</p> <p>Chili w/ Spinach & Pita ✓</p>
<ul style="list-style-type: none"> • Oatmeal Chocolate Chip Bar ✓ • Honey Scooters Cereal ✓ • Mini Cinnis ✓ 	<p style="color: red;">11/26</p> <p>Cheesy Breadstick ✓</p> <p>Open Faced Taquito ✓</p>	<p style="color: red;">11/27</p> <p>Pancake Chicken Sandwich</p> <p>Breakfast Veggie Wrap ✓</p>	<p style="color: red;">11/28</p> <p>Egg, Cheese and Chorizo Burrito </p> <p>Sunshine Burrito ✓</p>	<p style="color: red;">11/29</p> <p>Mini French Toast ✓</p> <p>Morning Rice Bowl w/ Roasted Veggies ✓</p>	<p style="color: red;">11/30</p> <p>Pancake on a Stick</p> <p>Chili w/ Spinach & Pita ✓</p>

What Makes A Breakfast?

Breakfast is based on 3 choices (fruit, grain, and milk) daily.

Students must choose a fruit with their breakfast.

 = Vegan
  =Vegetarian
 * = Contains Pork



Daily Fresh Fruit Options May Include:

Apple Juice, Orange Juice, Organic Apples, Canned Pears, Organic Oranges Slices, Kiwi, Raisins, Canned Peaches, Organic Pears, Banana, and Applesauce Cup

1% Milk or Nonfat Chocolate Milk

**** Menu subject to change without notice ****