

Adult Transition Program & Bridges Community Day High School Menu

ORGANIC STRAWBERRIES



Peak Strawberry Season!

Sweet, juicy and in season: California strawberries are at their peak for flavor and freshness.

Packed with Vitamin C to support the immune system and help us feel our best.

Good source of fiber that keeps us full and energized.

Did you know approximately 90% of our nation's strawberries are grown right here in California?

Look for them at breakfast this month!

This institution is an equal opportunity provider. Menus are subject to change without notice.

VISIT CAPISTRANO.HEALTHLIVING.NET FOR MORE INFORMATION

Breakfast Fruit offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult breakfast \$5.50

FREE FOR ALL STUDENTS

OFFERED DAILY

- GF Greek Yogurt* w/ GF Granola 🌱
- GF Cinnamon Chex Cereal 🌱
- GF Honey Cheerios Cereal 🌱
- Maple Waffle 🌱
- Plain Bagel w/ Cream Cheese 🌱🍞
- Plain Bagel w/ Peanut Butter 🌱🍞

Lunch Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult lunch \$6.50

*Cows not treated w/ rBST
**Organic, grass-fed cheese

OFFERED DAILY

- Spicy Chicken Sandwich 🌱🍔🍷
- Cheese 🌱 or Pepperoni Pizza 🍕
- Bean + Cheese Burrito 🌱
- Loco Burrito 🌱
- Kickin' Sandwich 🌱🍷

SALAD & SANDWICH SPECIALS

- Western BBQ Chicken Salad (Tues-Fri)
Onion Rings, BBQ Chicken, Corn, Organic Spring Mix, Cabbage, Carrot, Organic Bell Pepper, Organic Cheddar**, Housemade Greek Yogurt Ranch 🥗
- Turkey + Organic Cheddar Baguette 🍞 (Tues+Thur)
(Turkey Steak, Organic Cheddar**, Lettuce + Tomato)
- Italian Trio Baguette 🍞 (Wed+Fri)
w/ Garlic Aioli 🥗 (Turkey Pepperoni, Turkey Ham + Turkey Salami with Provolone*, Tomato, Lettuce, Red Onion + Garlic Aioli)

🌱 Vegetarian 🌱 Vegan 🍷 One Health Cert. 🍷 Contains Pork 🍷 House-Made 🍷 Contains Peanut 🍷 Contains Sesame 🍷 Freshly Baked

FARM 2 SCHOOL: APRIL

CUSD is proud to serve local & organic produce!

Organic Fuji Apple
Washington grown



Organic Mandarin
Grown within 150 miles



Organic Banana
Non-Domestic



Apple Slices
CA, WA, MI grown



Asian Pear
Grown within 150 miles



Organic Strawberries
Grown within 300 miles



Persian Cucumber
grown within 150 miles



Baby Carrots
grown within 300 miles



Organic Butter Lettuce
Grown within 150 miles



Celery Sticks
grown within 150 miles



Organic Spring Mix
Grown within 10 miles at The Ecology Center, a regenerative farm in our community!

