

# Middle School Menu

## ORANGE CHICKEN & CHOW MEIN BOWL

4/15, 4/22, 4/29  
(WEDNESDAYS)



Crispy chicken tossed in a sweet & tangy mandarin orange sauce served with whole grain chow mein noodles.

## ORGANIC STRAWBERRIES



### Peak Strawberry Season!

Sweet, refreshing, and packed with vitamin C.

Look for them at breakfast this month!

This institution is an equal opportunity provider. Menus are subject to change without notice.

**Breakfast** Fruit offered with meal. 1% milk\* or non-fat milk\* optional.  
Free for all students. Adult breakfast \$5.50

**FREE FOR ALL STUDENTS**

### OFFERED DAILY

- Plain Bagel w/ Cream Cheese 🌱🍞
- GF Honey Cheerios Cereal 🌱
- GF Cinnamon Chex Cereal 🌱
- Pizza Stick 🍕
- Maple Waffle 🌱
- GF Greek Yogurt\* w/ GF Granola 🌱

### DAILY SPECIALS

MON-WED-FRI

Ham + Swiss Croissant 🍞

TUES-THURS

Everything Bagel w/ Cream Cheese 🌱🍞

**Lunch** Fruits & vegetables offered with meal. 1% milk\* or non-fat milk\* optional.  
Free for all students. Adult lunch \$6.50

\*Made from cows not treated with rBST \*\*Organic

### OFFERED DAILY

- Bean + Cheese Burrito 🌱
- Loco Burrito 🌱
- Spicy Chicken Sandwich 🌱🍞🍷
- Cheese Pizza 🌱🍞
- Pepperoni Pizza 🍕🍞

### OFFERED TUESDAY-FRIDAY

- Double Crunch Taco Salad
- taco shells, 100% beef taco filling, organic cheddar\*\*, bell pepper, tomato, corn, organic spring mix, romaine mix + ranch

### DAILY SPECIALS

M: Crispy Chicken Bites w/ Ranch + Roll 🌱🍞

T: Crispy Beef + Cheese Taco (w/ lettuce + pico de gallo)

W: All Natural Turkey Pesto Provolone Ciabatta

TH: Classic Cheeseburger

F: Chicken Pot Stickers w/ Broccoli 🍷

🌱 Vegetarian 🍷 Contains Pork 🌱 Vegan 🍴 House-Made 🍷 Contains Sesame 🍞 Freshly Baked 🌱 One Health Certified

## FARM 2 SCHOOL: APRIL

CUSD is proud to serve local & organic produce!

**Organic Fuji Apple**  
Washington grown



**Organic Mandarin**  
Grown within 150 miles



**Organic Spring Mix**  
Grown within 10 miles

**Asian Pear**  
Grown within 150 miles



**Organic Strawberries**  
Grown within 300 miles



**Baby Carrots**  
Grown within 300 miles

**Organic Banana**  
Non-domestic



**Persian Cucumber**  
Grown within 150 miles



**Grape Tomatoes**  
Grown within 150 miles

**Apple Slices**  
CA, WA, MI grown



**Organic Butter Lettuce**  
Grown within 150 miles



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