

FREE
for ALL
Students

AUGUST 2022 Elementary Breakfast



Monday

Tuesday

Wednesday

Thursday


Friday

Offered Daily

GF Honey Nut
Cheerios
Cereal 

**WELCOME BACK
CUSD!**


16
Mini Apple
Breakfast
Bites 

17
Breakfast
Pizza
Bagel 

18
Turkey
Sausage
Biscuit

NEW

19
Mini
Cinnis 

GF Cinnamon
Chex Cereal 

22
Oatmeal
Chocolate Chip
Bar 

23
Sunrise
Sandwich 

24
Vanilla
Waffle  *National
Waffle Day*

25
Chicken
Sausage
Pancake
Sandwich

26
Mini
Cinnis 

GF Honey Nut
Cheerios
Cereal 

29
Oatmeal
Chocolate Chip
Bar 

30
Aloha
Sandwich

31
Cinnamon
Glazed French
Toast Sticks 




NEW

Fruits & Milk with Meal

 **Fruits & Veggies May Include:**
Apple, Pear, Orange, Banana,
Raisins, Seasonal Fruit.



1% Milk & Nonfat Chocolate Milk

 Contains Tree Nut  Vegetarian GF Gluten Free  Contains Pork

📷 Follow Us! @capofood ✨ capistrano.healtheliving.net

*This institution is an equal opportunity provider.
Menu is subject to change without notice.*



Parents, WE'RE HIRING! Work while your kids are at school. Visit bit.ly/wefeedkids or call 949-234-9503

Meals are FREE for ALL CUSD Students this School Year!