

FREE
for ALL
Students



DECEMBER 2021 Journey Lunch



Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
Bean & Cheese Burrito	<p><i>Due to distribution and product shortages, this menu is subject to change without notice.</i></p> <p><i>This institution is an equal opportunity provider.</i></p>		1 Cheeseburger Sliders	2 Grilled Dilla NEW	3 Spaghetti w/ Meatballs
NEW Cheese Croissant Sandwich	6 Crispy Chicken Filet Sandwich	7 GF Make Your Own Nachos	8 Crispy Chicken Drumstick w/ Waffles	9 Bolognese Spaghetti w/ Garlic Toast	10 Crispy Chicken Bites w/ Biscuit
Galaxy Cheese Pizza	13 Mozzarella Crunchers	14 GF Make Your Own Nachos	15 All American Cheeseburger	16 Fiesta Pocket	17 <i>Minimum Day</i>
		22 <i>winter break</i>	23 	24 	25

Fruits, Veggies & Milk with Meal

Fruits & Veggies May Include: Apple, Pear, Orange, Raisins, Fruit Cup, Seasonal Fruit, Baby Carrots, Cooked Corn, Baked Beans Tater Tots, Broccoli, Celery

1% Milk & Nonfat Chocolate Milk

Vegetarian
GF Gluten Free
 Contains Pork

Follow Us! @capofood
 capistrano.healtheliving.net

**CAPO
CUISINE**