for ALL Students

JUNE 2025 Lunch Capistrano Virtual TK-8 & CA Prep Academy

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Bean & Cheese Burrito

Monday

Mozzarella Crunchers Tuesdav

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Crispy Chicken Filet Sandwich on Brioche Bun

Wednesda

GF Chicken Tamale

Thursdav

Cheese Pizza Wedge

5

1 ENTRÉE CHOICE

Friday

6

Meal Includes Entree, Fruits, Veggies & Milk!

🤇 GF Gluten Free 🐞 Vegetarian 😲 One Health Cert.



Fruits & Veggies May Include: Baby Carrots, Broccoli, Celery, Cooked Corn, Edamame, Jicama Sticks, Organic Banana, Organic Fuji Apple, Organic Mandarin Orange, Peachlets, Persian Cucumber, Tater Tots



1% Milk* & Nonfat Chocolate Milk*

*made from cows not treated with rBST

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capistrano.healtheliving.net





Join us at the San Juan Capistrano Library for free lunch & activities for the summer, including book readings with authors & characters!

June 16 - August 8, Monday - Friday 12:00 - 1:00 PM 31495 El Camino Real, San Juan Capistrano, CA (949) 492 - 1752



Lunch Must be Eaten at the Library.

No Registration Required.



This institution is an equal opportunity provider. Menu is subject to change without notice.



JUNE 2025 Breakfast

Capistrano Virtual TK-8 & CA Prep Academy

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Offered Daily

GF Cinnamon Rice Chex N Monday

Maple Waffle Tuesdav

Blueberry Muffin D

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Wednesday

GF Vanilla Greek Yogurt w/GF Granola

Thursday

GF Cinnamon

Rice Chex N

Friday

1 ENTRÉE CHOICE

Meal Includes Entree, Fruits, & Milk!

Fruits May Include: Apple Crisps, Applesauce, Organic Banana, Organic Fuji Apple, Organic Mandarin Orange, Peachlets

1% Milk* & Nonfat Chocolate Milk*

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