



Lunch at the Library August 2026 Menu



Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
Bean & Cheese Burrito 🌿	3 Mini Cheese Pizza Slices 🌿	4 Chicken Dumplings w/ Teriyaki ^S	5 GF Chicken Tamale	6 Hamburger Sliders	7 General Tso's Meatballs w/ Brown Rice + Broccoli 🥬

Meal includes entrée, fruits, veggies & milk!

🌿 Vegetarian
GF Gluten Free

^S Contains Sesame
🥄 House Made

🍎 **Fruits & Veggies May Include:** Baby Carrots, Broccoli Florets, Celery Sticks, Edamame, Jicama Sticks, Nectarine, Organic Fuji Apple, Peach, Plum

🥛 **1% Milk* & Nonfat Milk***
*made from cows not treated with rBST

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🌐 capistrano.healtheliving.net



FREE LUNCH FOR ALL KIDS 18 & UNDER!

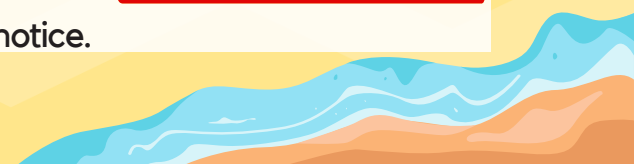
June 15 - August 7, Monday - Friday
12:00 - 1:00 PM

San Juan Capistrano Library,
31495 El Camino Real, San Juan
Capistrano, CA (949) 493-1752

Lunch Must be Eaten at the Library.

No Registration Required.

This institution is an equal opportunity provider. Menus are subject to change without notice.





Lunch at the Library Specials



Be sure to join us throughout the summer for the following lunch specials, extra side dishes, & special events!

Tues June 23



Taco Story Time & Make Your Own Soft Tacos with Chicken Crumbles

Mon June 15

Farm
2
Summer Week



Farm Stand Tasting
Try Persian Cucumbers as part of Farm 2 Summer week!

Tues June 30

Cookies with Mouse!

Enjoy a cookie with your lunch and Mouse from "If You Give A Mouse A Cookie"



Tues June 16

Meet a Farmer

Meet one of Capo Food's farmers, Andrew Dickinson, VP of Dickinson Family Farms!



Farm
2
Summer Week

Mon July 6



Bilingual Storytime + Mandarin Orange Chicken with Chow Mein



Come for Chinese storytime, stay for Mandarin Orange Chicken!

Weds June 17

Farm
2
Summer Week



Homemade Guacamole

Enjoy freshly prepared guacamole with Make Your Own Nachos!

Fri Aug 7

Popsicle & Bubble Party

Wrap up the summer with a popsicle and bubble bash with your lunch.



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