

Adult Transition Program & Bridges Community Day High School Menu

ALL KIDS & TEENS 18 AND UNDER EAT FREE!

LUNCH @ THE LIBRARY

June 15 - August 7
Monday - Friday
from 12:00 PM - 1:00 PM

San Juan Capistrano Library
31495 El Camino Real,
San Juan Capistrano



- No sign-up. No ID number. No stress.
- FREE food and a place to chill!
- Bring your friends, grab lunch, and hang out!

This institution is an equal opportunity provider. Menus are subject to change without notice.

VISIT CAPISTRANO.HEALTHYLIVING.NET FOR MORE INFORMATION

Breakfast

Fruit offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult breakfast \$5.50

OFFERED DAILY

- GF Greek Yogurt* w/ GF Granola 🌱
- Maple Waffle 🌱
- GF Cinnamon Chex Cereal 🌱
- Plain Bagel w/ Cream Cheese 🌱🍞
- GF Honey Cheerios Cereal 🌱
- Plain Bagel w/ Peanut Butter 🌱🍞

Lunch

Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult lunch \$6.50

*Cows not treated w/ rBST
**Organic, grass-fed cheese

OFFERED DAILY

- Spicy Chicken Sandwich 🌱🍷
- Cheese 🌱 or Pepperoni Pizza 🍞
- Bean + Cheese Burrito 🌱
- Loco Burrito 🌱
- Kickin' Sandwich 🌱🍷

SALAD & SANDWICH SPECIALS

- Western BBQ Chicken Salad (Tues-Fri)
Onion Rings, BBQ Chicken, Corn, Organic Spring Mix, Cabbage, Carrot, Organic Bell Pepper, Organic Cheddar**, Housemade Greek Yogurt Ranch 🌱
- Turkey + Organic Cheddar Baguette 🍞 (Tues+Thur)
(Turkey Steak, Organic Cheddar**, Lettuce + Tomato)
- Italian Trio Baguette 🍞 (Wed+Fri)
w/ Garlic Aioli 🌱 (Turkey Pepperoni, Turkey Ham + Turkey Salami with Provolone*, Tomato, Lettuce, Red Onion + Garlic Aioli)

🌱 Vegetarian 🌱 Vegan 🍷 One Health Cert. 🍷 Contains Pork 🍷 House-Made 🍷 Contains Peanut 🍷 Contains Sesame 🍷 Freshly Baked

FARM 2 SCHOOL: MAY & JUNE

CUSD is proud to serve local & organic produce!

Organic Fuji Apple
Washington grown



Organic Mandarin
Grown within 150 miles



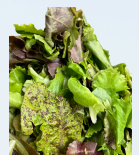
Persian Cucumber
grown within 150 miles



Baby Carrots
grown within 300 miles



Organic Spring Mix
Grown within 10 miles at The Ecology Center, a regenerative farm in our community!



Organic Banana
Non-Domestic



Apple Slices
CA, WA, MI grown



Organic Butter Lettuce
Grown within 150 miles



Tomato
Arizona Grown



Organic Strawberries
Grown within 300 miles



Celery Sticks
grown within 150 miles

