

Middle School Menu

ALL KIDS & TEENS 18 AND UNDER EAT FREE!

LUNCH @ THE LIBRARY

June 15 - August 7
Monday - Friday

from 12:00 PM - 1:00 PM

San Juan Capistrano Library
31495 El Camino Real,
San Juan Capistrano



➤ No sign-up. No ID number. No stress.

➤ FREE food and a place to chill!

➤ Bring your friends, grab lunch, and hang out!

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast Fruit offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult breakfast \$5.50

FREE FOR ALL STUDENTS

OFFERED DAILY

- Plain Bagel w/ Cream Cheese 🌱🍞
- GF Honey Cheerios Cereal 🌱
- GF Cinnamon Chex Cereal 🌱
- Pizza Stick 🍕
- Maple Waffle 🍷
- GF Greek Yogurt* w/ GF Granola 🌱

SPECIALS

MON-WED-FRI
Ham + Swiss Croissant 🍞

TUES-THURS
Everything Bagel w/ Cream Cheese 🌱🍞

Lunch Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult lunch \$6.50

*Made from cows not treated with rBST **Organic

OFFERED DAILY

- Bean + Cheese Burrito 🌱
- Loco Burrito 🌱
- Spicy Chicken Sandwich 🌱🍷🍷
- Cheese Pizza 🌱🍞
- Pepperoni Pizza 🍕🍞

OFFERED TUESDAY-FRIDAY

Double Crunch Taco Salad
taco shells, 100% beef taco filling, organic cheddar**, bell pepper, tomato, corn, organic spring mix, romaine mix + ranch

SPECIALS

M: Crispy Chicken Bites w/ Ranch + Roll 🌱🍞

T: Crispy Beef + Cheese Taco (w/ lettuce + pico de gallo)

W: All Natural Turkey Pesto Provolone Ciabatta

TH: Classic Cheeseburger

F: Chicken Pot Stickers w/ Broccoli 🍷

🌱 Vegetarian 🍷 Contains Pork 🌱 Vegan 🍷 House-Made 🍷 Contains Sesame 🌱 Freshly Baked 🍷 One Health Certified

FARM 2 SCHOOL: MAY & JUNE

CUSD is proud to serve local & organic produce!

Organic Fuji Apple
Washington grown



Organic Mandarin
Grown within 150 miles



Organic Spring Mix
Grown within 10 miles

Organic Strawberries
Grown within 300 miles



Grape Tomatoes
Grown within 150 miles



Baby Carrots
Grown within 300 miles

Organic Banana
Non-domestic



Persian Cucumber
Grown within 150 miles



Apple Slices
CA, WA, MI grown



Organic Butter Lettuce
Grown within 150 miles



VISIT CAPISTRANO.HEALTHELIVING.NET FOR MORE INFORMATION