

Middle School Menu



Pancake, Sausage & Cheese Sandwich



Cheesy Egg Stuffed Hash Brown



@CapoFood



bit.ly/wefeedkids

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast

Fruit offered with meal. 1% milk* or non-fat chocolate milk* optional. Free for all students. Adult breakfast \$4.50

FREE FOR ALL STUDENTS

OFFERED DAILY

- Oatmeal Chocolate Chip Benefit Bar 🍌
- GF Honey Cheerios Cereal 🍌
- Pizza Stick 🍷
- Cinnamon Swirl 🍌

DAILY SPECIALS

- M: Bagel w/ Cream Cheese 🍌
- T: **NEW** Cheesy Egg Stuffed Hash Brown 🍌
- W: **NEW** Pancake, Sausage + Cheese Sandwich
- TH: Bagel w/ Cream Cheese 🍌
- F: **NEW** Pancake, Sausage + Cheese Sandwich

Lunch

Fruits & vegetables offered with meal. 1% milk* or non-fat chocolate milk* optional. Free for all students. Adult lunch \$5.50

OFFERED DAILY

- Taco Salad w/ Cheese, Chips + Ranch
- Bean + Cheese Burrito 🍌
- Loco Burrito 🍌 (M/W/F), Hummburger 🍌 (T/Th)
- Spicy Chicken Sandwich 🍗
- Domino's or Pizza Hut Cheese Pizza 🍌
- Domino's or Pizza Hut Pepperoni Pizza 🍷

DAILY SPECIALS

- M: Turkey + Cheese Sub
- T: Chicken Nuggets 🍗 w/ Ranch + Goldfish
- W: All American Cheeseburger
- TH: **NEW** Breaded Chicken Thigh + Garlic Bread
- F: Chicken Pot Stickers w/ Broccoli

🍌 Vegetarian 🍷 Contains Pork 🍌 Vegan 🍗 No Antibiotics Ever *Made from cows not treated with rBST 🍌 Contains Sesame

Did You Know?

- Stone fruits get their name from the pit or "stone" in their center.
- It includes peaches, plums, nectarines, apricots, mangos, raspberries, lychee, cherries, and more.
- California is the "stone fruit state." Over 80% of the nation's stone fruit is grown here: peaches at 70%, plums at 95%, and nectarines at 99% of total US production.

FARM 2 SCHOOL: STONE FRUIT

This month look for California grown **STONE FRUIT** on our menus!

