FREE for ALL Students

## NOVEMBER 2021 Elementary Breakfast

Due to distribution and product shortages, this menu is subject to change without notice.

	Monday	Tuesday	Wednesday	Thursday	Friday
Offered Daily	1	2 Chicken	3 Buttonu Moolo	4 Wild	5 Mini Cinnis 🕽
GF Cinnamon Rice Chex <b>N</b>	No school	Sausage Pancake Sandwich	Buttery Maple Waffle <b>D</b>	Blueberry Waffle	
	8	9	10	11	12 Mini Ginnis 🔊
GF Honey Nut Cheerios 🖉 🐚	Oatmeal Chocolate Chip Bar <b>N</b>	Aloha Sandwich	Wild Blueberry Waffle	Veterans Vay	Mini annis 🖤
	15	16	17	18	19
GF Cinnamon Rice Chex <b>N</b>	Oatmeal Chocolate Chip Bar <b>N</b>	Chicken Sausage Waffle Sandwich	Buttery Maple Waffle <b>N</b>	Pancake & Turkey Sausage	Mini Cinnis 🕽
	22	23	24	25	26
00000000	xxxxxxxxx	Thanksgiv	ing break	00000000	
GF Honey Nut Cheerios 🍘 🕥	29 Oatmeal Chocolate Chip	30 Aloha Sandwich	<ul> <li>Vegetarian</li> <li>GF Gluten Free</li> <li>∅ Follow Us! @capofood</li> <li>☆ capistrano.healtheliving.net</li> </ul>		
Bar Bar Contains Pork Milk with Meal					
Fruits May Include: Apple, Pear, Orange, Banana, Raisins, Fruit Cup, Seasonal Fruit CAPO					
Image: Nonfat Chocolate Milk       This institution is an equal opportunity provider.					