

Adult Transition Program & Bridges Community Day High School Menu

**MEET THE FALL FRUIT
YOU DIDN'T KNOW YOU
LOVED (YET)!**

PERSIMMON

**SNACK LIKE A
LOCAL!**



- **October-January is peak season in SoCal.**
- **Our persimmons are organic.**
- **Locally grown in Fallbrook from Dickinson Family Farms.**
- **Eat whole like an apple.**
- **Health Benefits:**
 - **Boosts immune system**
 - **Boosts skin health**

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast

Fruit offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult breakfast \$5.50

OFFERED DAILY

GF Greek Yogurt* w/ GF Granola 🌱

Maple Waffle 🌱

GF Cinnamon Chex Cereal 🌱

Plain Bagel w/ Cream Cheese 🌱🍷

GF Honey Cheerios Cereal 🌱

Plain Bagel w/ Peanut Butter 🌱🍷🍷

Lunch

Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult lunch \$6.50

*Cows not treated w/ rBST
**Organic, grass-fed cheese

OFFERED DAILY

Spicy Chicken Sandwich 🍷🍷

Cheese 🌱 or Pepperoni Pizza 🍷

Bean + Cheese Burrito 🌱

Loco Burrito 🌱

Kickin' Sandwich 🌱🍷

SALAD & SANDWICH SPECIALS

Western BBQ Chicken Salad (Tues-Fri)

Onion Rings, BBQ Chicken, Corn, Organic Spring Mix, Cabbage, Carrot, Organic Bell Pepper, Organic Cheddar**, Housemade Greek Yogurt Ranch 🌱

Turkey + Organic Cheddar
Baguette 🍷 (Tues+Thur)

(Turkey Steak, Organic Cheddar**, Lettuce + Tomato)

Italian Trio Baguette 🍷
w/ Garlic Aioli 🌱 (Wed+Fri)

(Turkey Pepperoni, Turkey Ham + Turkey Salami with Provolone*, Tomato, Lettuce, Red Onion + Garlic Aioli)

🌱 Vegetarian 🌱 Vegan 🍷 One Health Cert. 🍷 Contains Pork 🍷 House-Made 🍷 Contains Peanut 🍷 Contains Sesame 🍷 Freshly Baked

FARM 2 SCHOOL: NOVEMBER

*CUSD is proud to serve local
& organic produce.*

Organic Fuji Apple
Washington grown



Kiwi

Grown within 150 miles



Organic Satsuma
Grown within 150 miles



Granny Smith

Grown within 150 miles



Organic Banana
Non-domestic



Apple Slices
CA grown



Organic Fuyu Persimmon
Grown within 150 miles



Baby Carrots
Grown within 300 miles



Organic Butter Lettuce
Grown within 150 miles



Organic Spring Mix
Grown within 150 miles



Grape Tomatoes
Grown within 150 miles



Organic Bell Pepper
Grown within 150 miles



Persian Cucumbers
Grown 150 miles



Celery Sticks
Grown within 150 miles

