Middle School Menu

FALL FLAVORS: **NOVEMBER SPECIALS**



- Italian meat sauce
- Rotini is spiral shaped pasta Freshly baked roll

ORGANIC & LOCALLY GRO

- Sweet & crunchy, only available in the fall.
- Eat it whole like an apple.
- Vitamin A & C keep your eyes & immune system héalthy.

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast Fruit offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult breakfast \$5.50



OFFERED DAILY

Plain Bagel w/ Cream Cheese 🔊 🦀 GF Honey Cheerios Cereal GF Cinnamon Chex Cereal Pizza Stick 10

Maple Waffle GF Greek Yogurt* w/ GF Granolan

DAILY SPECIALS

M: Ham & Swiss Croissant 🕑

T: Everything Bagel w/ Cream Cheese 🌬

W: Ham & Swiss Croissant 10

TH: Everything Bagel w/ Cream Cheese 🜬

F: Ham & Swiss Croissant®

Lunch Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional. Free for all students. Adult lunch \$6.50

*Made from cows not **Organic treated with rBST

OFFERED DAILY

Double Crunch Taco Salad

2 taco shells, 100% beef taco filling, organic cheddar**, organic be pepper, tomato, com, organic spring mix, cabbage, carrot & ranch

Bean & Cheese Burrito D

Loco Burrito

Spicy Chicken Sandwich 🔾 💿 Cheese Pizza 🍑

Pepperoni Pizza 194

Negetarian P Contains Pork Vegan PHouse-Made

DAILY SPECIALS

M: Honey Sriracha Boneless Wings w/ Ranch & Roll 🥸

T: Crispy Beef & Cheese Taco (w/ lettuce & pico de gallo)
Rotini Pasta Bowl with Roll (beef)

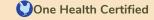
W: All Natural Turkey Pesto Provolone Ciabatta

TH: Classic Cheeseburger

Rotini Pasta Bowl with Roll (beef)

F: Chicken Pot Stickers w/ Broccoli 9

S Contains Sesame Freshly Baked



FARM 2 SCHOOL: NOVEMBER

CUSD is proud to serve local & organic produce!

Organic Fuji Apple Washington grown

Organic Satsuma Grown within 150 miles



Organic Spring Mix Grown within 150 miles

Granny Smith Apple Grown within 150 miles

Apple Slices California Grown



Baby Carrots Grown within 300 miles

Organic Banana Non-domestic

Organic Persimmon Grown within 150 miles



Persian Cucumber Grown within 150 miles

Organic Bell pepper

California grown



Grape Tomatoes Grown within 150 mile



Kiwi

Grown within 150 miles

