

Adult Transition Program & Bridges Community Day High School Menu

FEATURED MENU ITEM:

KIWI BERRIES

AVAILABLE
9/22-9/30



**DON'T BE FOOLED, KIWI
BERRIES ARE SWEET
WHEN WRINKLED!**

- Mini kiwis with smooth skin, not fuzzy.
- Eat whole like grapes!
- They are sweet & juicy when wrinkled and soft.
- Packed with Vitamin C, fiber & antioxidants.

Check Out Our Interactive Menus!

For full nutrition, ingredient, and allergen info, visit our website, bit.ly/wefeedkids Go to the menus page and click Interactive Menus.

If you have a food allergy or need a special diet accommodation, contact us at 949-234-9539 or 234-9510.

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast

Fruit offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult breakfast \$5.50

OFFERED DAILY

GF Greek Yogurt* w/ GF Granola 🌱

Maple Waffle 🌱

GF Cinnamon Chex Cereal 🌱

Plain Bagel w/ Cream Cheese 🌱🍞

GF Honey Cheerios Cereal 🌱

Plain Bagel w/ Peanut Butter 🍞🌱🥜

Lunch

Fruits & vegetables offered with meal. 1% milk* or non-fat milk* optional.
Free for all students. Adult lunch \$6.50

*Cows not treated w/ rBST

**Organic, grass-fed cheese

OFFERED DAILY

Spicy Chicken Sandwich 🌱🍔

Cheese 🌱 or Pepperoni Pizza 🍕

Bean & Cheese Burrito 🌱

Loco Burrito 🌱

Kickin' Sandwich 🌱🍔

SALAD & SANDWICH SPECIALS

Western BBQ Chicken Salad (Tues-Fri)

Onion Rings, BBQ Chicken, Corn, Organic Spring Mix, Cabbage, Carrot, Organic Bell Pepper, Organic Cheddar**, Housemade Greek Yogurt Ranch 🌱

Turkey & Organic Cheddar
Baguette 🍞 (Tues & Thur)

(Turkey Steak, Organic Cheddar**, Lettuce & Tomato)

Italian Trio Baguette 🍞

w/ Garlic Aioli 🌱 (Wed & Fri)

(Turkey Pepperoni, Turkey Ham & Turkey Salami with Provolone*, Tomato, Lettuce, Red Onion & Garlic Aioli)

🌱 Vegetarian 🌱 Vegan 🍔 One Health Cert. 🍖 Contains Pork 🍴 House-Made 🥜 Contains Peanut 🍷 Contains Sesame 🍞 Freshly Baked

FARM 2 SCHOOL: SEPTEMBER

CUSD is proud to serve local
& organic produce.

Organic Gala Apple

WA grown



Peach

Grown within 150 miles



Plum

Grown within 150 miles



Grapes

CA grown



Asian Pear

Grown within 150 miles



Celery Sticks

Grown within 150 miles



Organic Butter Lettuce

grown within 150 miles



Baby Carrots

grown within 300 miles



Red Onion

CA grown



Organic Spring Mix

grown within 150 miles



Grape Tomatoes

grown within 150 miles



Organic Bell Pepper

grown within 150 miles



Persian Cucumbers

grown within 150 miles



Kiwi Berries

WA grown

