

SOUTH COUNTY VIRTUAL ACADEMY HIGH SCHOOL MENU

BREAKFAST

Includes choice of 1 entree, fruit & non-fat or 1% milk

Plain Bagel w/ Cream Cheese   Plain Bagel w/ Peanut Butter  

GF Cinnamon Chex Cereal  GF Honey Cheerios Cereal 

GF Greek Yogurt w/ GF Granola 

LUNCH

Includes choice of 1 entree, veggies, fruit & non-fat or 1% milk

Spicy Chicken Sandwich  Loco Burrito 

Chicken Garden Salad w/ Ranch  Turkey & Provolone
& Parmesan Herb Flatbread  Baguette 

Fruits & Veggies May Include: Apple, Seasonal Fruit, Baby Carrots, Celery, Edamame, Side Salad, Corn, Cucumber, Seasonal Veggies.

 Vegetarian  Contains Sesame

 Freshly Baked  Vegan

 House-Made GF Gluten Free

This institution is an equal opportunity provider.
Menus are subject to change without notice.

