

ATP/Bridges Summer 2025 Menu



BREAKFAST

Monday

GF Cereal 🌿

Tuesday

Blueberry
Muffin 🌿

Wednesday

Maple Waffle 🌿

Thursday

Mini
Cinnis 🌿

If site is open on a Friday, Breakfast entrée: GF Yogurt w/ GF Granola, Lunch entrée: Italian Trio Sandwich

LUNCH

Cheese
Croissant
Sandwich 🌿

Make Your Own
Pizza with
Flatbread,
Marinara Sauce,
Turkey Pepperoni,
& Cheese

Chocolate &
Chickpea Butter
Sandwich 🌿

Italian Turkey
Trio Sandwich
with Organic
Cheddar Cheese

GF Gluten Free

🌿 Vegetarian

*made from cows not treated with rBST

Breakfast includes entrée, fruits & milk!

Lunch includes entrée, fruits, veggies & milk!

🥬 **Variety Fruits & Veggies May Include:** Applesauce, Apple Crisps, Broccoli, Carrots, Celery, Edamame, Jicama, Nectarine, Organic Fuji Apple, Peachlets, Tangerine



1% Milk* & Nonfat Milk*

This institution is an equal opportunity provider.
Menus are subject to change without notice.

📷 Follow Us! @capofood
*capistrano.healtheliving.net

