




BAM! 2026 Breakfast & Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	GF Cereal 🌿	Blueberry Muffin 🌿	GF Yogurt w/ GF Granola 🌿	Mini Cinnis 🌿	Maple Waffle 🌿
LUNCH	Cheese Croissant Sandwich 🌿	Make Your Own Pizza with Flatbread, Marinara Sauce, Turkey Pepperoni, & Cheese	Chicken Ranch Wrap	Bento Box with Turkey Stick, Cheese, & Pita Chips	All-Natural Turkey & Cheese Sandwich
AM & PM SNACK	Annie's Organic Cheddar Bunnies 🌿	White Cheddar Popcorn 🌿	Sun Chips 🌿	BoomChickaPop Light Kettle Corn 🌿	Annie's Organic Bunny Graham Friends 🌿

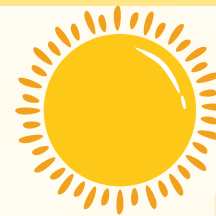
GF Gluten Free 🌿 Vegetarian

Breakfast includes entrée, fruits & milk!
Lunch includes entrée, fruits, veggies & milk!

 **Fruits & Veggies May Include:** Baby Carrots, Broccoli Florets, Celery Sticks, Edamame, Jicama Sticks, Organic Fuji Apple, Organic Tango Mandarin, Peach, Plum, Strawberry Apple Crisps

 **1% Milk* & Nonfat Milk***
*made from cows not treated with rBST

This institution is an equal opportunity provider. Menus are subject to change without notice.



📷 Follow Us! @capofood
*capistrano.healtheliving.net

