



CUSD ESY Elementary July 2026 Lunch Menu



Offered Daily	Monday	Tuesday	Wednesday	Thursday
Galaxy Cheese Pizza	Vegetarian Vegan GF Gluten Free	Contains Sesame Freshly Baked	1 GF Make Your Own Nachos	2 Chicken Pretzel Dog* <i>*no nitrites or nitrates added</i>
Bean & Cheese Burrito	6 Kickin' Sandwich	7 Chicken Dumplings w/ Teriyaki	8 GF Chicken Tamale	9 Hamburger Sliders
Galaxy Cheese Pizza	13 Macaroni & Cheese	14 Crispy Chicken Bites w/ Roll	15 GF Make Your Own Nachos	16 Chicken Pretzel Dog* <i>*no nitrites or nitrates added</i>

Lunch includes entrée, fruits, veggies & milk!

Fruits & Veggies May Include: Baby Carrots, Broccoli Florets, Celery Sticks, Edamame, Jicama Sticks, Nectarine, Organic Fuji Apple, Peach, Plum

1% Milk* & Nonfat Milk*
*made from cows not treated with rBST

This institution is an equal opportunity provider. Menus are subject to change without notice.

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ESY: Benedict, Esencia, Laguna Niguel, Moulton, Reilly, RH Dana

CUSD ESY Elementary July 2026 Breakfast Menu

Offered Daily	Monday	Tuesday	Wednesday	Thursday
GF Cereal: Honey Cheerios or Cinnamon Chex 🌿	🌿 Vegetarian GF Gluten Free		1 GF Vanilla Greek Yogurt w/ GF Granola 🌿	2 Mini Cinnis 🌿
GF Cereal: Honey Cheerios or Cinnamon Chex 🌿	6 Pancake Bites 🌿	7 Blueberry Muffin 🌿	8 GF Vanilla Greek Yogurt w/ GF Granola 🌿	9 Mini Cinnis 🌿
GF Cereal: Honey Cheerios or Cinnamon Chex 🌿	13 Pancake Bites 🌿	14 Blueberry Muffin 🌿	15 GF Vanilla Greek Yogurt w/ GF Granola 🌿	16 Mini Cinnis 🌿

Breakfast includes entrée, fruits & milk!

 **Fruits May Include:** Nectarine, Organic Fuji Apple, Peach, Plum, Strawberry Apple Crisps

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