

Union HS Menu

NOW SERVING:

Brunch

Pancake, Sausage & Cheese Sandwich



Did You Miss Breakfast Service??

Some breakfast offerings may be available as a brunch entree during lunch! Look for a brunch symbol for these items.



This institution is an equal opportunity provider. Menus are subject to change without notice.



bit.ly/wefeedkids

@CapoFood

Breakfast

Fruit offered with meal. 1% milk* or non-fat chocolate milk* optional. Free for all students. Adult breakfast \$4.50

OFFERED DAILY

NEW Capo Muffin Sandwich

(Whole Grain English Muffin, Canadian Turkey Ham + Cheddar Cheese*)

NEW Pancake, Sausage + Cheese Sandwich

(Whole Grain Buttermilk Pancake, Chicken Sausage + Cheese)

Pizza Stick

(Whole Grain Breadstick, Mozzarella Cheese, Pizza Sauce + Pepperoni)

Oatmeal Chocolate Chip Bar

GF Honey Cheerios Cereal

Cinnamon Swirl

Bagel w/ Cream Cheese

Bagel w/ Peanut Butter

Lunch

Fruits & vegetables offered with meal. 1% milk* or non-fat chocolate milk* optional. Free for all students. Adult lunch \$5.50

OFFERED DAILY

Grilled Chicken Garden Salad w/ Flatbread

(Fresh Romaine, Bell Pepper, Red Onion, Chicken, Ranch + Flatbread)

NEW Italian Combo Hoagie

(Turkey Pepperoni, Turkey Ham + Turkey Salami with Provolone*)

Pulled Pork BBQ Hoagie

Spicy Chicken Sandwich

Hummurger (contains sesame)

Freshly Baked Cheese or Pepperoni Pizza

Bean + Cheese Burrito

Loco Burrito

DAILY SPECIALS

TUES: Turkey Bacon Swiss* Burger

Turkey Steak Hoagie w/ Cheddar*

WED: **NEW** Korean BBQ Wings w/ Chow

Mein, Celery + Carrots

THURS: **NEW** Breaded Chicken Thigh w/

Garlic Bread Stick

FRI: Mac + Cheese w/ Bread Stick

Meatball Hoagie w/ Mozzarella*

Vegetarian Contains Pork Vegan Contains Peanut No Antibiotics Ever *Made from cows not treated with rBST

Did You Know?

- Stone fruits get their name from the pit or "stone" in their center.
- It includes peaches, plums, nectarines, apricots, mangos, raspberries, lychee, cherries, and more.
- California is the "stone fruit state." Over 80% of the nation's stone fruit is grown here with peaches at 70%, plums at 95%, and nectarines at 99% of total US production.

FARM 2 SCHOOL: STONE FRUIT

This month look for California grown STONE FRUIT on our menus!

