SMART SNACKS IN SCHOOL			رد				(u						Allergens				
CUSD Smart Snacks 2025-26	Calorie (kcal)	Total Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol(mg)	Sodium(mg)	Carbohydrates(gm)	Fiber (gm)	Sugar (gm)	Added Sugar (gm)	Protein (gm)	Egg	Milk	Soy	Wheat	Peanut or Tree Nut	
Celery with Peanut Butter (High)	189	15.1	3	0	0	184	10	9.1	3.9	2	7.5					х	
Chocolate Chip Cookie, Whole Grain, Freshly Baked (Middle & High)	148	5.3	1.6	0	18.9	96.5	23.8	1.5	11.4	8.5	2.1	х	х	х	х		
Naked Juice, Mighty Mango, 10oz (Middle & High)	180	0	0	0	0	10	43	0	35	0	1						
Naked Juice, Strawberry Banana, 10oz (Middle & High)	160	0	0	0	0	5	38	0	29	0	2						
Water, 24oz (Middle & High)	0	0	0	0	0	0	0	0	0	0	0						